



UNITED STATES MARINE CORPS
MARINE CORPS DETACHMENT
MARINE CORPS COMBAT SERVICE SUPPORT SCHOOLS
2375 BEAUREGARD STREET
FORT JACKSON, SOUTH CAROLINA 29207

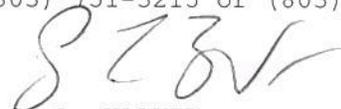
IN REPLY REFER TO
1320
MARDET
8 Aug 16

From: Commander, Marine Corps Detachment, Fort Jackson, South Carolina
To: Marine Student Personnel

Subj: PHYSICAL TRAINING (PT)

Ref: (a) MCCSSS Student SOP
(b) MCO 6100.13 W/CH 1
(c) MCO 6110.3 W/ CH 1

1. All Marine students are required to be in compliance with the Marine Corps physical fitness standards while attending the Inter-service Postal Training Activity. Upon arrival all entry level Marine students reporting from Marine Combat Training will be administered an inventory physical fitness test. Failure to meet the Marine Corps physical fitness standards as cited in references (a), (b) and (c) will be subject to administrative action.
2. Marine students attending the F5 Postal Operations Course will PT Monday, Wednesday and Friday unless otherwise directed by the MARDET Chief. Students attending the F4 Postal Supervisors Course will PT as directed by the MARDET Commander.
3. The "Director's Run" is scheduled for every first Wednesday of the month. Every Marine is required to be in attendance unless otherwise instructed by the MARDET Commander.
4. For more information please call (803) 751-3215 or (803) 751-3536.


S. L. WALKER

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MARDET Files